

Virtual CELEBRATE LIFE 5K RUN/WALK



SUNDAY, OCTOBER 10

Join us for a special virtual event that will bring the transplant community together to honor organ and tissue donors, celebrate new life with recipients, support those waiting for a lifesaving transplant, and inspire others to say “yes” to donation. While we can't be together in person this year, we hope you'll participate along with us in your own community.

Register to Run or Walk

Register at midamericatransplant.org/5K by September 25 to guarantee t-shirt size.

Team captains and individual registrants can pick up t-shirts at our drive-by pickup:

MID-AMERICA TRANSPLANT PARKING LOT

1110 Highlands Plaza Drive East, Suite 100
St. Louis, MO 63110

FRIDAY, OCTOBER 8 — 12 p.m. to 6 p.m.

Download the Toolkit

Visit midamericatransplant.org/5K to download our Virtual 5K Toolkit and join our [5K Facebook Group](#) for conversation with donor families, recipients, and members of the community.

Spread the Word

Along the way, take photos of your tributes and race day gear. Post to social media using the [#CELEBRATELIFE5K](#) hashtag for a chance to win a Celebrate Life Spirit Award!

Walk or Run

Race day is Sunday, October 10! Walk or run any time of day and anywhere — at home, in a park, or wherever you feel safe and comfortable.

Tune into the [2021 Celebrate Life 5K Facebook Group](#) for access to exclusive live footage and special videos on race day.